

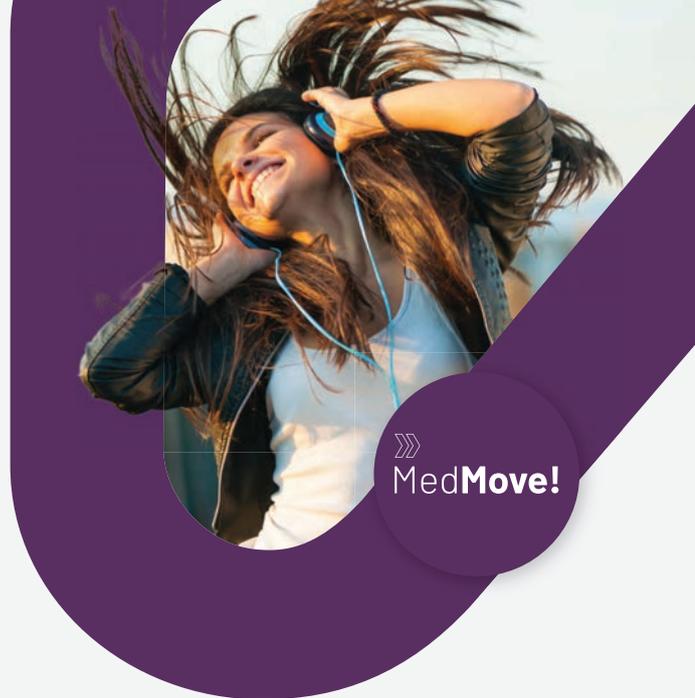


medihelp



Ideal for **first-time buyers** of medical aid

From **R1 734** per month



»» MedMove!

**Day-to-day benefits**

- Network GP visits** (R135 co-pay per visit)
- Radiology, pathology, and acute medicine** R1 785
- Self-medication** R540
- Dental and optometry** check-ups

**Added insured benefits**

- Contraceptives** R1 470/R1 995
- Preventive care** Health tests and screenings

**Core benefits**

- Trauma and emergency** medical cover
- Network of quality private** hospitals
- Care for **271 PMB** diagnoses and all CDL conditions
- Specialised radiology** in hospital

<b>Monthly contributions</b>		»» MedMove!	<b>Network of quality, private hospitals and GPs</b>  MedMove! is ideal for young career starters with essential cover at quality private facilities, and preventive care benefits.
	Main member	<b>R1 734</b>	
	Dependant	<b>R1 734</b>	
	Child dependant <26 years	<b>R1 734</b>	



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Medihelp is an authorised financial services provider (FSP no 15738). This is a summary of benefits. In the event of a dispute, the registered Rules of Medihelp will apply, subject to approval by the Council for Medical Schemes.

## Monthly contributions

		Monthly income
		R901 +
Main member		R1 734
Dependant		R1 734
Child dependant <26 years		R1 734

## Day-to-day benefits

Network virtual GP consultations during nurse visits	Member pays the first R135 per virtual network GP consultation (no co-payment for nurse visits)
Network GP consultations	Member pays the first R135 per visit (visit 1-10 only) 11th visit onward - only listed conditions (R135 co-payment for visits not applicable) Authorisation required after the sixth visit
Specialist consultations	R1 050 per family per year at network specialists
Physiotherapy	Member pays the first R135 per visit Two visits per family Specialist referrals by a network GP apply
Self-medication	R110 per event, up to R540 per family
Acute medicine, standard radiology and pathology (Ampath, Lancet, and PathCare Vermaak)	R1 785 per family
Eye test (Opticlear network)	One consultation per person per 24-month cycle Member pays the first R135 per consultation
Dental check-up (DRC network)	One routine check-up Member pays the first R135 per consultation
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 415 per member and R3 465 per family including discharge from a day procedure facility or hospital

## Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when Medihelp receives your verified biometric details from your health screening results from Dis-Chem or Clicks. You can view your available benefits on the Member Zone at any time.

Health screening tests	<ul style="list-style-type: none"> <li>One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)</li> </ul>
Preventive care benefits	<ul style="list-style-type: none"> <li>A flu vaccine</li> <li>A Pap smear every three years</li> </ul>
Contraceptives	<ul style="list-style-type: none"> <li>Oral/injectable/implantable contraceptives - R120 per month, up to R1 470 per year</li> <li>Intra-uterine device - R1 995 every 60 months</li> </ul>

## Core benefits

In-hospital treatment and life-essential services (insured benefits)

Hospitalisation	<ul style="list-style-type: none"> <li>Network hospitals</li> <li>Day procedure network applies to all day procedures</li> <li>Member pays a R1805 co-payment (PMB admission excluded)</li> </ul>
Hospital medicine on discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/chronic medicine	R410 per admission
Neonatal hospitalisation	R56 175 per family
Trauma that necessitates hospitalisation	PMB
Childbirth	PMB
Specialised radiology	MRI and CT imaging in hospital R13 600 per family (co-payment applies)
Standard radiology, pathology (Ampath, Lancet, and PathCare Vermaak) and medical technologist services	Unlimited when admitted to a network hospital
Radiography	R1 315 per family per year
Emergency transport (Netcare 911)	(Country of residence: RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana)
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Oxygen	PMB
Mental health (psychiatric treatment)	PMB
Cancer treatment	PMB
Organ transplants	PMB
Palliative care	R21 735 per family
Other core benefits	PMB only Including renal dialysis, hospice, subacute care, and private nursing services as an alternative to hospitalisation

### Important

This is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care.

