medihelp

Mental health benefits



Medihelp offers benefits for the treatment of various diagnosed mental health conditions.

It is important to remember that you must pre-authorise your hospital admission to avoid a 20% co-payment. To prevent other co-payments, use a network specialist for PMB services. Get the list at **www.medihelp.co.za** under the **Provider search** function.

Please note:

There is a separate benefit for the treatment of depression out of hospital that requires registration on the Depression Support Programme. **Click here** to read more.

If you are a MedMove!, MedVital Elect, MedAdd Elect, MedReach, or MedPrime Elect member and are admitted voluntarily to a non-network hospital, a 35% co-payment applies.

If you are a member of MedPrime, MedElite, and MedPlus, you also get one consultation per beneficiary per year with an educational psychologist for the treatment of autism, subject to the in-hospital benefit limit.

PMB is also subject to limits – all claims will be deducted from the psychiatric limit and PMB benefit.

Benefit summary

	Psychiatric treatment of a mental health condition Subject to pre-authorisation, protocols, and services rendered in an approved/network hospital/facility and prescribed by a medical doctor • Professional services rendered in and out of hospital by a psychiatrist and outpatient consultations • General ward accommodation and medicine supplied during treatment in the institution	**Clinical psychology in and out of hospital**	**Psychiatric nursing in and out of hospital**
All plans	PMB services: 100% of the cost Non-PMB services: 100% of the Medihelp tariff (the benefit amounts below apply)	100% of the Medihelp tariff	100% of the Medihelp tariff

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MedMove!	100% of the cost PMB only	PMB only	PMB only
MedVital	Hospitalisation and professional psychiatric services (in hospital): **R26 200** per beneficiary per year to a maximum of **R40 100** per family per year In hospital and out of hospital services, shared		
MedAdd	Hospitalisation and professional psychiatric services (in hospital): **R33 300** per beneficiary per year to a maximum of **R45 900** per family per year In hospital and out of hospital services, shared	Savings account	Savings account
MedSaver	Hospitalisation and professional psychiatric services (in hospital): **R33 300** per beneficiary per year to a maximum of **R45 900** per family per year In hospital and out of hospital services, shared	Savings account	Savings account
MedReach	Hospitalisation and professional psychiatric services (in hospital): **R26 400** per beneficiary per year to a maximum of **R40 100** per family per year In hospital and out of hospital services, shared	Day-to-day annual overall limit	PMB only
MedPrime	Hospitalisation and professional psychiatric services (in hospital): **R40 100** per beneficiary per year to a maximum of **R54 000** per family per year In hospital and out of hospital services, shared	Available day-to-day benefits/ savings account	Available day-to-day benefits/ savings account
MedElite	Hospitalisation and professional psychiatric services (in hospital): **R48 700** per beneficiary per year to a maximum of **R67 500** per family per year In hospital and out of hospital services, shared		
MedPlus	Hospitalisation and professional psychiatric services (in hospital): **R59 300** per beneficiary per year to a maximum of **R80 700** per family per year In hospital and out of hospital services, shared	Available day-to-day benefits	Available day-to-day benefits