medihelp

Your **optometry** benefits



Medihelp uses Opticlear to manage optical benefits. The Opticlear network covers 97% of all optometry providers in South Africa, and members can choose any provider in the network. Benefits are paid according to Opticlear's tariffs.

What's new in 2027?

1. You must visit an optometrist from the approved network (Opticlear) to avoid out-of-pocket costs.
2. Eye test: Includes one comprehensive eye examination (standard eye test).
3. Optical benefits generally provide one standard eye test and a pair of clear standard or bifocal lenses with a standard frame per beneficiary every two years, depending on your specific plan.
4. Opticlear validates claims, handles queries, and confirms benefits.
5. Medihelp handles the payment of claims, and details are shown on your claims statement.
6. You can now check your optometry claims on your Medihelp claims statement and on the **Member Zone**.

Contact details

Tel: 087 359 1525

www.opticlear.co.za

Benefits and motivations:

medihelp@optics.co.za

Submission of claims for members:

medihelpclaims@optics.co.za

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Benefits

Medihelp makes use of Opticlear, an optical management company, to manage the optical benefits. Members may utilise optometry services and material, like spectacles, from any Opticlear network provider at a discounted tariff. The Opticlear network incorporates 97% of all optometry providers in South Africa. Benefits are paid according to Opticlear tariffs.

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Description	MedMove!	MedVital	MedAdd	MedSaver	MedReach	MedPrime	MedElite	MedPlus
Subject to Opticlear protocols and pre-authorisation - 100% of the MT								
OPTOMETRY • Eye examination at an Opticlear network optometrist One comprehensive examination including visual, binocular stability, and pathology evaluation (including tonometry where appropriate), and diagnosis	One comprehensive examination per beneficiary per 24-month cycle. Member pays the first R140	This plan does not cover these services	One comprehensive examination per beneficiary per 24-month cycle	Savings account	One comprehensive examination per beneficiary per 24-month cycle	One comprehensive examination per beneficiary per 24-month cycle	One comprehensive examination per beneficiary per 24-month cycle	One comprehensive examination per beneficiary per 24-month cycle
• Eye examination at a non-network optometrist	This plan does not cover these services		R440 per beneficiary per 24-month cycle		R440 per beneficiary per 24-month cycle	R440 per beneficiary per 24-month cycle	R440 per beneficiary per 24-month cycle	R440 per beneficiary per 24-month cycle
• Spectacles or contact lense • Spectacles • One frame (at an Opticlear network optometrist)			R350 per beneficiary per 24-month cycle		R690 per beneficiary per 24-month cycle	R1 000 per beneficiary per 24-month cycle	R1 250 per beneficiary per 24-month cycle	R1 250 per beneficiary per 24-month cycle
• One frame (at a non-network optometrist)			R260 per beneficiary per 24-month cycle		R510 per beneficiary per 24-month cycle	R750 per beneficiary per 24-month cycle	R930 per beneficiary per 24-month cycle	R930 per beneficiary per 24-month cycle
• Lenses at an Opticlear network optometrist One pair of standard clear lenses			Single vision or bifocal lenses (multifocal lenses paid up to the tariff of bifocal lenses) per beneficiary per 24-month cycle		Single vision or bifocal lenses (multifocal lenses paid up to the tariff of bifocal lenses) per beneficiary per 24-month cycle	Single vision or bifocal lenses (multifocal lenses paid up to the tariff of bifocal lenses) per beneficiary per 24-month cycle	Single vision, bifocal, or mulifocal lenses per beneficiary per 24-month cycle R890 for multifocal lenses per beneficiary per 24-month cycle	Single vision, bifocal, or mulifocal lenses per beneficiary per 24-month cycle R890 for multifocal lenses per beneficiary per 24-month cycle
• Lenses at a non-network optometrist One pair of standard clear lenses			R240 for single vision lenses R500 for multi-focal/bifocal lenses per beneficiary per 24-month cycle		R240 for single vision lenses R500 for multi-focal/bifocal lenses per beneficiary per 24-month cycle	R240 for single vision lenses R500 for multi-focal/bifocal lenses per beneficiary per 24-month cycle	R240 for single vision lenses R500 for bifocal lenses R890 for multi-focal lenses per beneficiary per 24-month cycle	R240 for single vision lenses R500 for bifocal lenses R890 for multi-focal lenses per beneficiary per 24-month cycle
• Contact lenses (benefits at a network and non-network optometrist)			R780 per beneficiary per 24-month cycle		R910 per beneficiary per 24-month cycle	R1 400 per beneficiary per 24-month cycle	R2 000 per beneficiary per 24-month cycle	R2 000 per beneficiary per 24-month cycle

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